

Best Physiotherapist in Mira Road

– CureSpace Expert Rehab Care

If you're looking for a trusted **physiotherapist in Mira Road**, CureSpace is your destination for expert, personalized care. CureSpace Physiotherapy & Rehab Clinic offers holistic healing with a focus on bone, joint, nerve, and muscle conditions. From chronic pain and post-surgery rehab to sports injuries and posture correction, CureSpace combines clinical expertise with compassionate service. With a strong track record of 500+ happy patients, this Mira Road physiotherapy clinic continues to set benchmarks in recovery-focused care.



At the core of CureSpace's success is Dr. Ankita Singh, a renowned **physiotherapist in Mira Road**. With academic credentials from Nair Hospital and KEM Hospital, Dr. Singh is a certified orthopaedic physiotherapist with deep specialization in manual therapy, rehabilitation, and sports injury recovery. Her experience with SAI, Google BKC, and top hospitals in Mumbai makes her a highly sought-after expert in the field.

Why CureSpace Stands Out as the Top Physiotherapy Clinic in Mira Road

CureSpace is not just another clinic—it's a modern facility driven by clinical precision, personal attention, and results-based programs. Every patient receives a detailed assessment followed by a customized recovery plan. Whether you're an athlete, a senior, a working professional, or someone healing post-operation, CureSpace delivers targeted solutions that fit your goals.

Here's what makes this physiotherapy clinic exceptional:

- One-on-one sessions with expert physiotherapists
- Latest rehab technologies and manual therapy techniques
- Posture and ergonomic correction sessions
- Gait training, fitness rehab, and neurological support
- Evidence-based therapy plans for long-term benefits

Every program at CureSpace is curated around the patient's physical state, goals, and recovery timeline, making the experience highly individual and effective.

Conditions Treated by the Best Physiotherapist in Mira Road

Under Dr. Ankita Singh's care, CureSpace specializes in managing and treating:

- Bone, joint, and muscle pain
- Sports injuries and ligament tears
- Post-surgical rehabilitation (orthopaedic and neurological)
- Geriatric pain and mobility support
- Pediatric physiotherapy for growing pains
- Neurological rehabilitation for stroke or nerve issues
- Posture correction and ergonomic realignment
- Women's health physiotherapy

From managing arthritis in elderly patients to helping athletes return to peak performance, this clinic covers it all with attention to detail and clinical precision.

Clinical Background and Experience That Builds Trust

Dr. Ankita Singh's reputation as a leading **physiotherapist in Mira Road** is built on both experience and results. Her credentials include:

- B.P.T. from Nair Hospital
- M.P.T. (Orthopaedic) from KEM Hospital
- Maharashtra State CET Rank 2
- Honored as Corona Warrior in 2021 by the Government of Maharashtra
- Sports Physiotherapist under SAI for Wrestling, Kabaddi & Hockey
- Experience at Prince Aly Khan Hospital, Google BKC, Sion Hospital

This strong foundation ensures that every patient is treated with knowledge, experience, and care that meets the highest standards of physiotherapy in Mira Road.

Modern Physiotherapy Clinic in Mira Road for All Ages

CureSpace caters to a diverse patient base. Whether it's a 60-year-old with frozen shoulder or a child facing posture issues, the team adapts therapy plans accordingly. The goal is always the same—achieve recovery, restore movement, and ensure long-term well-being.

The clinic is equipped to handle:

- Chronic pain relief programs
- Recovery from injuries and surgeries
- Conditioning plans for athletes
- Fitness improvement therapy
- Preventive physiotherapy for posture, desk jobs, and aging

Every service is delivered in a modern, well-maintained space with patient safety and comfort in mind.

Explore More

To know more about treatment plans and services by a certified physiotherapist in Mira Road, visit:

👉 <https://www.curespace.in/>

Book Appointment Now

Take the first step toward recovery. Schedule your consultation with CureSpace here:

👉 <https://www.curespace.in/>

Why People Choose CureSpace as Their Physiotherapy Partner

CureSpace has gained a 5-star Google rating for a reason. The combination of deep medical knowledge, compassionate care, and visible results positions it as a leader in physiotherapy in Mira Road. The team doesn't believe in generic treatment—they believe in understanding your body, your pain, and your potential for healing.

From helping tech professionals with posture correction to supporting athletes through rehab, CureSpace adapts with professionalism and care. Their personalized approach and advanced physiotherapy services are why patients recommend them across Mira Road and beyond.

Final Thoughts

If you want the best care from a top **physiotherapist in Mira Road**, CureSpace is where recovery meets trust. Led by Dr. Ankita Singh, the clinic focuses on lasting healing, movement freedom, and strengthening your body without medication or surgery. Whether you're living with pain, recovering from injury, or working toward fitness, CureSpace offers physiotherapy that truly transforms.

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