

# Find the Best Physiotherapist in Mira Road for Holistic Recovery & Pain Relief

If you're searching for a highly qualified and compassionate **physiotherapist in Mira Road**, your journey ends at [Curespace](#). At **Cure Space Physiotherapy and Rehab Clinic**, Dr. Ankita Singh leads with expertise, dedication, and a passion for helping patients regain mobility and lead pain-free lives. Whether you are dealing with chronic back pain, recovering from surgery, or looking for post-injury rehabilitation, Cure Space offers top-tier physiotherapy care tailored to your individual needs.



Dr. Singh, a gold-medalist graduate from NAIR Hospital and post-graduate in Orthopaedic Physiotherapy from KEM Hospital, Mumbai, brings years of experience in treating a wide

spectrum of musculoskeletal issues. Her specializations include **bone and joint pain, nerve injuries, ligament tears, disc injuries, radiating pain, muscle trauma, and sports-related injuries**. With a patient-first approach, she emphasizes **manual therapy, fitness training, and strength conditioning** for effective rehabilitation. Her additional expertise in **pregnancy physiotherapy, post-surgical recovery, ergonomics, and geriatric physiotherapy** ensures a comprehensive healing experience for patients of all ages.

At Cure Space, patients benefit from personalized care plans using advanced therapeutic techniques. The clinic offers a wide array of specialized services including:

- **Posture Correction & Ergonomics**
- **Pain Management**
- **Neurological Rehabilitation**
- **Pediatric and Geriatric Physiotherapy**
- **Sports Injury Rehabilitation**
- **Women's Health Physiotherapy**
- **Post-Surgery Recovery**

Located conveniently at **Shop no. 8, Sheetal Indraprashtha CHSL, Sheetal Nagar, Mira Road East**, Cure Space provides a warm, supportive environment for healing. The clinic is open Monday to Saturday from 8:30 AM to 2:00 PM and 4:30 PM to 9:30 PM, ensuring flexible appointment options. You can reach them at **091361 37031** to book a session.

If you're looking for the **best physiotherapist in Mira Road**, trust **Dr. Ankita Singh** at Cure Space to deliver exceptional results with care and compassion.

Visit the official website at <https://www.curespace.in/> and take the first step toward a pain-free, healthier life today.