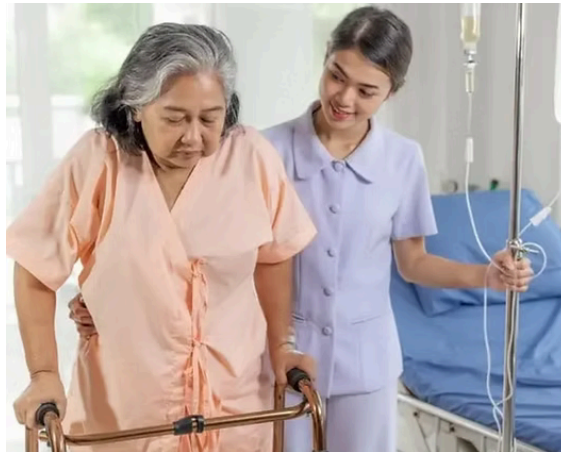


# Physiotherapy in Mira Road – Expert Care by Dr. Ankita Singh at Cure Space

If you are searching for reliable and specialized physiotherapy in Mira Road, **Cure Space Physiotherapy and Rehab Clinic** stands out as a trusted destination for recovery, rehabilitation, and pain management. Led by **Dr. Ankita Singh**, an accomplished and compassionate physiotherapist, Cure Space offers comprehensive care tailored to each patient's unique needs.

## Meet Dr. Ankita Singh – Your Trusted Physiotherapy Expert

With a passion for restoring mobility and enhancing quality of life, **Dr. Ankita Singh** brings years of clinical expertise in **orthopaedic physiotherapy**. Her specializations include:



- Bone, joint, and muscle pain
- Sports injuries
- Nerve and ligament injuries
- Radiating pain and disc problems
- Post-surgical rehabilitation
- Pregnancy-related physiotherapy
- Ergonomics at home and work
- Fitness and conditioning

Dr. Singh is a **merit holder throughout her academic journey**, having completed B.P.T. from **NAIR Hospital** and M.P.T. (Orthopaedic) from **KEM Hospital**, two of Mumbai's most prestigious institutions.

Her approach is holistic, combining **advanced manual therapy techniques**, customized rehabilitation programs, and long-term wellness strategies to ensure lasting recovery and improved mobility.

# Services Offered at Cure Space Physiotherapy Clinic

Cure Space is equipped to handle a wide range of physiotherapy needs. Some of the key services include:

- **Posture Correction & Ergonomics**
- **Pain Management**
- **Sports Injury Rehabilitation**
- **Post-surgery Recovery**
- **Neurological Rehabilitation**
- **Pediatric Physiotherapy**
- **Geriatric Physiotherapy**
- **Women's Health Physiotherapy**

Each session is designed to address the root cause of your pain or discomfort, ensuring not just relief, but long-term results.

## Clinic Timings

### **Monday to Saturday:**

8:30 AM – 2:00 PM

4:30 PM – 9:30 PM

**Sunday:** Closed

## Contact Details

### **Address:**

Shop No. 8, Sheetal Indraprastha CHSL,  
Sheetal Nagar, Mira Road East,  
Mira Bhayandar, Maharashtra 401107

**Phone:** 091361 37031

**Website:** [www.curespace.in](http://www.curespace.in)

At Cure Space, we believe in empowering patients through education, exercise, and expert care. Whether you're dealing with chronic pain, recovering from surgery, or seeking to improve your mobility, **Dr. Ankita Singh and her team are here to help you heal.**

**Book your session today and take the first step towards a pain-free, active lifestyle.**