

8 Barriers to Workplace Communication

Communication is important, especially in the workplace. Unfortunately, not everyone knows how to communicate well. [Workplace barriers](#) can create misunderstandings and tension.

Differing communication styles and skill

Individuals have different styles of communication. While some people understand verbal communication well, others prefer to have their work communication in writing. This is not just a difference of preference, but a difference in ability to understand workplace communication.

In addition to holding different styles of communication, individuals function at different levels of skill. When a person is unskilled at communicating clearly, it can cause confusion. In the worst cases, it can cause tension in the workplace. Click here to know more about - **How to resolve [workplace barriers](#)**.

How to overcome from [workplace barrier](#): learn how your employees and coworkers communicate best. When possible, offer direction and feedback through a variety of formats. Additionally, find resources to train your workplace on how to communicate most effectively.

Dissatisfaction or disinterest at work

When employees are unsatisfied or uninterested in their work, communication suffers. For dissatisfied workers, communication may become strained because of mismanagement by their supervisors. Workers who don't feel like their input is valued will cease to provide input.

Disinterested workers often put minimal effort into every aspect of their job. Although communication is important for workplace function, a disinterested worker may drop the ball on continuing open communication.

How to overcome this barrier: in extreme cases, this barrier can only be changed when individuals leave the company. However, taking time to clear up any workplace conflict before it becomes a problem can prevent these workplace communication barriers from developing.

Inconsistency in communication

It's essential that management takes the time to communicate consistently with their employees. This can be easy in a workplace where employees can all receive the same email. However, many workplaces rely on verbal communication to disseminate information.

If that's the case for your workplace, it's important that any important information is communicated consistently across departments and shifts. Otherwise, some employees will be informed while others are left in the dark.

How to overcome from [workplace barrier](#): setting up company-wide email is a great way to communicate large announcements or changes. If your workplace relies on verbally communicating these things, consider having a checklist to make sure all employees are informed.

Attitude, tone of voice, and body language

What you say is only the first step in communication. How you say it and what body language you use are also important. Attitude, tone of voice, and body

language can all communicate messages contrary to the words you're speaking.

This becomes a major [workplace barrier](#) when an employee feels unheard or demeaned in workplace communication. For example, an individual using sarcasm and profanity to communicate can quickly create a hostile workplace.

How to overcome from [workplace barriers](#): make sure you're communicating in a way that's consistent with your words and the policies of your workplace. If you cross your arms or furrow your brow when listening, work to change your body language. If attitude and tone of voice consistently create tension, be mindful of how you're saying things when communicating at work.

Read more about - [Workplace Barriers](#)