



Guidance from Marijuana Doctors for Safe and Effective Use

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Individualized Approach to Dosage

- Medical cannabis dosage cannot be standardized since each patient's response to cannabis varies depending on factors like age, weight, medical history, and the specific condition being treated. Marijuana doctors in Arizona play a crucial role in customizing treatment plans for each patient, considering their distinct needs & reactions to cannabinoids.



Start Low, Go Slow

- [Marijuana doctors](#) often follow the "start low, go slow" approach when initiating medical cannabis treatment. This means patients are typically prescribed a lower initial dosage to assess their response and tolerance. Gradual adjustments are then made under the supervision of the doctor to find the optimal dosage that provides maximum benefits with minimal side effects.



Understanding THC and CBD Ratios

- [Arizona medical marijuana doctors](#) educate patients about the significance of THC (tetrahydrocannabinol) and CBD (cannabidiol) ratios in different cannabis strains. THC is known for its psychoactive effects, while CBD is non-intoxicating and may offer therapeutic benefits. The right balance of THC and CBD is crucial to achieving the desired therapeutic effects without undesirable psychoactive experiences.



Route of Administration

- Medical cannabis provides a range of administration options, such as smoking, vaporizing, ingesting orally, administering sublingually, and applying topically. To identify the most suitable method for individual patients, [marijuana doctors](#) engage in comprehensive discussions, taking into account factors like the speed of onset of effects & patient preferences.



About Us

- Proposition 203, the [Arizona Medical Marijuana](#) Act, protects patients from state prosecution for using limited amounts of marijuana on their doctor's recommendation. Qualifying patients who register with the Arizona Department of Health Services will obtain marijuana from nonprofit medical marijuana dispensaries and caregivers regulated by the Arizona Department of Health Services.



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